

**2009 IronMAC Indoor Triathlon
Sunday, April 5, 2009**

Age group	First name	Last name	Swim (lengths)	Bike (miles)	Run (laps)	Swim (points)	Bike (points)	Run (points)	Total points
Overall Female	Patty	Cascioli	48	4.7	13	75.9	47	65.0	187.9
Masters Female	June	Yaeger	37	4.69	13	58.5	46.9	65.0	170.4
Overall Male	Greg	Boyd	53	7	16	83.9	70	80.0	233.9
Masters Male	King	Yaeger	50	4.8	14	79.1	48	70.0	197.1

Female 19&U	Emily	Wozena	50	4.66	9	79.1	46.6	45.0	170.7
-------------	-------	--------	----	------	---	------	------	------	-------

Female 20-24	Carly	Wesaw	46	4.72	12	72.8	47.2	60	180.0
Female 20-24	Elizabeth	Gustafson	45	4.61	11	71.2	46.1	55	172.3
Female 20-24	Allyson	Ribble	40	4.58	11	63.3	45.8	55	164.1
Female 20-24	Katelyn	Przystas	34	4.84	11	53.8	48.4	55	157.2
Female 20-24	Krista	Greenwood	34	4.71	10	53.8	47.1	50	150.9
Female 20-24	Holly	MacDonald	34	3.68	12	53.8	36.8	60	150.6
Female 20-24	Amanda	Sheehan	28	4.4	12	44.3	44	60	148.3
Female 20-24	Amanda	Host	30	3.96	9	47.5	39.6	45	132.1

Female 25-29	Cathy	Dwyer	40	5.62	13	63.3	56.2	65	184.5
Female 25-29	Erin	Hansen	35	4.9	12	55.4	49	60	164.4
Female 25-29	Nancy	Short	35	4.82	12	55.4	48.2	60	163.6
Female 25-29	Jennifer	Leahy	35	4.76	12	55.4	47.6	60	163.0
Female 25-29	Katie	Green	24	3.64	7	38.0	36.4	35	109.4
Female 25-29	Michelle	Sommer	0	0	0	0.0	0	0	0.0

Female 30-34	Rachel	Wawro	42	4.72	12	66.5	47.2	60	173.7
Female 30-34	Lisa	Rozen	36	4.86	12	57.0	48.6	60	165.6
Female 30-34	Mia	Taormina	35	4.77	12	55.4	47.7	60	163.1
Female 30-34	Nicki	Badgero	26	5.32	11	41.1	53.2	55	149.3
Female 30-34	Nicole	Tiluma	30	4.4	11	47.5	44	55	146.5
Female 30-34	Jessica	Nance	38	4.57	8	60.1	45.7	40	145.8
Female 30-34	Jennifer	McClinton	33	4.76	8	52.2	47.6	40	139.8
Female 30-34	Corinne	Riebow	35	3.38	7	55.4	33.8	35	124.2

Female 35-39	Michelle	Brittain	46	4.63	11	72.8	46.3	55	174.1
Female 35-39	Lisa	Boling	36	4.78	11	57.0	47.8	55	159.8
Female 35-39	Erin	Rooney	27	3.29	7	42.7	32.9	35	110.6

Female 45-49	Patty	Cascioli	48	4.7	13	75.9	47	65	187.9
Female 45-49	Kathy	Walter	36	4.94	10	57.0	49.4	50	156.4
Female 45-49	Sylvia	Linton	36	4.6	9	57.0	46	45	148.0
Female 45-49	Virginia	Kuenker	0	0	0	0.0	0	0	0.0

Female 50-54	Kathy	Sievert	45	4.8	10	71.2	48	50	169.2
Female 50-54	Jan	Host	29	4.45	11	45.9	44.5	55	145.4

Female 55-59	Chris	Wieland	20	4.62	9	31.6	46.2	45	122.8
Female 55-59	Ramune	Bassett	24	3.67	7	38.0	36.7	35	109.7

Female 60+	June	Yaeger	37	4.69	13	58.5	46.9	65	170.4
Female 60+	Joyce	Kowalski	36	4.03	8	57.0	40.3	40	137.3

Male 19&U	Patrick	Matheny	54	4.95	15	85.4	49.5	75	209.9
Male 19&U	Patrick	Lanothe	49	5	11	77.5	50	55	182.5

Male 20-24	Greg	Boyd	53	7	16	83.9	70	80	233.9
Male 20-24	Cory	Lowery	53	6.26	13	83.9	62.6	65	211.5

Male 25-29	Joseph	Klein	38	5.94	14	60.1	59.4	70	189.5
Male 25-29	Jeffrey	Owens	40	4.92	14	63.3	49.2	70	182.5
Male 25-29	Adam	Kasper	45	4.62	11	71.2	46.2	55	172.4
Male 25-29	Patrick	Sievert	35	5.93	9	55.4	59.3	45	159.7
Male 25-29	CJ	Guest	32	5	11	50.6	50	55	155.6
Male 25-29	Jeffrey	Schmidt	24	3.75	10	38.0	37.5	50	125.5

Male 30-34	Matt	Sherman	56	6.01	12	88.6	60.1	60	208.7
Male 30-34	Mike	Rutherford	54	5.85	12	85.4	58.5	60	203.9
Male 30-34	Mike	Dale	51	5.95	10	80.7	59.5	50	190.2
Male 30-34	Jamison	Kibbe	52	5.07	11	82.3	50.7	55	188.0
Male 30-34	Mark	Robinson	36	5.77	12	57.0	57.7	60	174.7
Male 30-34	Greg	McGuire	36	5.57	12	57.0	55.7	60	172.7
Male 30-34	Blagoy	Pogoncheff	25	3.63	12	39.6	36.3	60	135.9
Male 30-34	Robert	Powell	0	0	0	0.0	0	0	0.0

Male 35-39	Adam	Beltz	48	4.64	13	75.9	46.4	65	187.3
Male 35-39	Kirby	Perrault	36	5.54	14	57.0	55.4	70	182.4
Male 35-39	Jon	Powell	40	4.81	12	63.3	48.1	60	171.4
Male 35-39	Chris	Holzer	34	4.85	13	53.8	48.5	65	167.3
Male 35-39	Brian	Hossink	28	4.96	13	44.3	49.6	65	158.9
Male 35-39	Bill	Badgero	25	4.91	11	39.6	49.1	55	143.7

Male 40-44	Mark	Renfer	42	5.59	14	66.5	55.9	70	192.4
Male 40-44	Keith	DeLong	20	4.73	8	31.6	47.3	40	118.9

Male 45-49	Tim	Clore	56	4.79	14	88.6	47.9	70	206.5
Male 45-49	Kurt	Krause	52	5.47	12	82.3	54.7	60	197.0
Male 45-49	Doug	Stadel	39	6.15	13	61.7	61.5	65	188.2
Male 45-49	Ron	Behl	41	4.43	14	64.9	44.3	70	179.2
Male 45-49	Nathaniel	Ostrom	37	6.05	12	58.5	60.5	60	179.0
Male 45-49	Mike	Gadola	35	6.01	12	55.4	60.1	60	175.5
Male 45-49	Keith	Willard	40	4.83	12	63.3	48.3	60	171.6
Male 45-49	Doug	Nyberg	35	4.71	11	55.4	47.1	55	157.5

Male 45-49	Pat	Gallagher	32	4.61	12	50.6	46.1	60	156.7
Male 45-49	Todd	Schook	29	4.76	10	45.9	47.6	50	143.5

Male 50-54	Ron	Alleman	42	4.84	14	66.5	48.4	70	184.9
Male 50-54	Craig	Wozena	45	5.51	10	71.2	55.1	50	176.3

Male 55-59	James	Scholl	39	4.8	15	61.7	48	75	184.7
Male 55-59	John	Hoehn	39	5.77	11	61.7	57.7	55	174.4
Male 55-59	Jerry	Schoen	31	5.35	13	49.1	53.5	65	167.6

Male 60+	King	Yaeger	50	4.8	14	79.1	48	70	197.1
----------	------	--------	----	-----	----	------	----	----	-------