

**REGISTER ONLINE** [www.msutriathlon.com/heartthrob5k](http://www.msutriathlon.com/heartthrob5k)

# HEART THROB

presented by  
 MSU Triathlon

**Sunday, February 14, 2010**

Packet pick-up at 10 am, Race starts at 12 noon  
Bessy Hall, Michigan State University  
Corner of Farm Lane and Auditorium Road

## BASIC INFO

Name \_\_\_\_\_

E-mail \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Age on 2/14/10 \_\_\_\_\_

Shirt size  Small  Medium  Large  X-Large

### Age group

14 & under  15-19

20-24  25-29

30-34  35-39

40-44  45-49

50-54  55-59

60-64  65 & up

### Gender

Male  Female

## RACE AS A TEAM?

**Race with a friend, sibling or significant other! We'll add your times together for your team time and a chance to win prizes in the couples division.**

Partner's name \_\_\_\_\_

### Division

Coed  Male  Female

If registering by mail, please include entry forms for both team members and a single check in your envelope. Racing as a couple disqualifies you from receiving individual awards. See our website for all of our policies.

## PAYMENT

### Write checks to:

MSU Triathlon Club

### Mail entry to:

526 Lexington Avenue  
East Lansing, MI 48823

**Oct 1 – Nov 30: \$15 individual, \$25 team**

**Dec 1 – Dec 31: \$18 individual, \$30 team**

**Jan 1 – Jan 31: \$20 individual, \$35 team**

**Feb 1 – Feb 14: \$25 individual, \$45 team**

To receive specified pricing, online registration must be completed or mail-in registration must be post-marked by the deadline date. Team registration price is the cost for both racers.

Waiver: I represent that I am in good physical condition and have no disability, impairment or ailment preventing participation in this event. I hereby waive and release any and all rights/claims I may have against Michigan State University and/or its employees and the MSU Triathlon Club for any injuries which may be suffered in connection with the Heart Throb 5K.

Signature \_\_\_\_\_

Date \_\_\_\_\_