

Heart Throb 5K
February 15, 2009

Men 14-under

Place	First Name	Last Name	Overall	Time
1	Brenton	Desai	39	24:19.3
2	Malachi	Marchall	57	25:58.3
3	Wyatt	Rowley	66	28:18.5
4	Kevin	Koening	79	31:16.9

Men 15-19

Place	First Name	Last Name	Overall	Time
1	Travis	Barczak	3	18:11.4
2	Mitchell	Klingler	8	19:30.4
3	Dan	Hanba	9	19:40.2
4	Eric	Musser	11	20:07.2
5	Mike	Marshall	12	20:07.7
6	Nic	Ingle	20	21:44.7
7	Travis	Reed	22	22:03.4
8	Justin	Wintman	52	25:20.2

Men 20-24

Place	First Name	Last Name	Overall	Time
1	Kyle	Johnson	1	16:49.7
2	BJ	Pankow	2	16:57.9
2	Greg	Boyd	4	19:07.3
3	Nicholas	Gooch	6	19:11.7
4	Jeff	Kolzow	7	19:29.7
5	Adam	Iding	10	19:41.9
6	Dan	Larabel	13	20:21.8
7	Josh	Borgerding	15	20:37.7
8	Matt	Mikus	69	29:00.1

Men 25-29

Place	First Name	Last Name	Overall	Time
1	Nick	Parente	33	23:26.2
2	Rob	Collard	38	24:05.9
3	Joshua	Veazey	41	24:32.7
4	Jonathan	DeLauter	58	26:12.2

Men 30-34

Place	First Name	Last Name	Overall	Time
1	Brian	Steinberg	5	19:10.0
2	Nick	Rowley	16	20:42.3
3	Christian	Martin	25	22:19.2
4	Steve	Bliss	27	22:42.1
5	Jason	Vandestelt	35	23:44.3

6	Jeremy	Herliczek	37	23:54.4
7	Shamus	Smith	43	24:45.0
8	James	Orme	46	25:00.0
9	Stephen	Burr	61	26:29.3

Men 35-39

Place	First Name	Last Name	Overall	Time
1	Jon	Bensinger	65	27:23.2
2	Kevin	Jorae	67	28:50.7
3	Nathan	Miller	74	29:23.0
4	Ken	Gottschalk	78	30:47.3

Men 40-44

Place	First Name	Last Name	Overall	Time
1	Michael	VanOss	24	22:15.8
2	Michael	Pell	36	23:47.4
3	Steve	Holden	55	25:48.2

Men 45-49

Place	First Name	Last Name	Overall	Time
1	Eric	Stockall	21	21:54.2
2	Steve	Schneider	34	23:27.1
3	Ron	Bahl	48	25:05.0
4	Jim	Zittel	49	25:07.8

Men 50-54

Place	First Name	Last Name	Overall	Time
1	Ron	Alleman	19	21:23.6
2	Pokey	Brown	29	23:09.7
3	Patrick	Iding	32	23:25.9
4	Joe	Evans	42	24:38.9
5	Calvin	Clark	84	31:55.0
6	Jim	Turner	98	49:30.9

Men 55-59

Place	First Name	Last Name	Overall	Time
1	Ron	DuPreez	17	20:53.5
2	Gerard	Wilbrink	26	22:19.9
3	Jim	Windsand	44	24:58.2
4	Larry	Mcaskey	47	25:02.0
5	Brian	Fredricks	50	25:09.6
6	Randy	Fielder	54	25:23.1

Men 65-up

Place	First Name	Last Name	Overall	Time
1	James	Carlton	18	21:09.8
2	Bill	Keller	40	24:29.6